



THE UNIVERSITY CHURCH AT NAZARETH HOUSE

THE CATHOLIC CHAPLAINCY FIND US ON FACEBOOK:

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1st Sunday of Lent

UNIVERSITY CHAPLAINCY MASSES AND DEVOTIONS THIS WEEK

Monday 19 th January		7:00 "Early Bird" Mass (Little Oratory) 10:00 Daily Mass 17:00 <i>Eucharistic Adoration & Confessions</i> 18:00 Daily Mass
Tuesday 20 th		10:00 Daily Mass 17:00 <i>Eucharistic Adoration & Confessions</i> 18:00 Daily Mass
Wednesday 21 st	OPEN HOUSE LUNCH TODAY 12:30-14:00 19:30 Chaplaincy Faith Discussion Group	10:00 Daily Mass 17:00 <i>Eucharistic Adoration & Confessions</i> 18:00 Daily Mass
Thursday 22 nd	<i>Chair of St Peter (Feast)</i>	10:00 Daily Mass 17:00 <i>Eucharistic Adoration & Confessions</i> 18:00 Daily Mass
Friday 23 rd <i>First Friday in Lent</i> <i>Fridays in Lent are by Tradition the time to abstain from all meat.</i>		7:00 "Early Bird" Mass (Little Oratory) 10:00 Daily Mass 17:00 <i>Eucharistic Adoration & Confessions</i> 18:00 Daily Mass 20:00 Stations of the Cross
Saturday 24 th		10:00 Daily Mass 18:00 Sunday Vigil Mass (Little Oratory)
Sunday 25 th	2nd Sunday of Lent	*17:00 University Solemn Vespers 18:00 University Sunday Mass (Confessions during Mass)

LENT 2018

The Sacrament of Reconciliation and Penance (Confession)

The Fathers of the Oratory are available at the following times: 10:00 Monday - Saturday here in the church before and after Mass

Monday – Friday here in the church before and after Mass

Sundays 17:45-18:45

During the week. Please message or Facebook one of the Fathers to arrange a convenient time to meet

The Chaplain writes... “ Those of you interested in the Winter Olympics will know full well the length of time the athletes spend training for the events which can be over in a the blink of an eye. Lent is a time of preparation for Easter and St. Paul writes movingly about how we are to prepare for the coming of Christ into our lives. All athletes at the Olympics have personal trainers. One who has been through the training and has experience of the struggles themselves; one involved and committed day in day out for years in a serious life changing way, and not an amateur showing varying interests and enthusing on occasions about their perceived own victories and imagined end game. It is of course the same in developing one’s interior life. Catholics who give up chips, Facebook or Tweeting etc., for Lent are Catholic “lite”. Lent isn’t about re-arranging the soft furnishings of our comfortable student lives. The Church Herself, not your Housemate or Chat room virtual friend are competent and have the authority to guide you to holiness. Lent is not about feeling pleased with yourself. The Treasury of the Catholic Church puts forward what you need. You have simple and basic options: daily Mass, daily rosary, reflect upon the Scripture daily (ie. “Here I am” booklets); make the Way of the Cross, give time in Eucharistic Adoration; go to Confession. Likewise, go through your cupboard to see what clothes you don’t need and to give them to Llamau. Study so as to improve your grades; make phone calls to family and friends who may be lonely. Break out of the cycle of pleasing yourself even when you dress it up in religiosity. Do what you have committed to do for Christ. Don’t wait to be asked. Be Christ like in serving others. You may never win a medal Olympic or otherwise, but you may win what St. Paul describes as the crown of imperishable life.”

UNIVERSITY CHAPLAINCY: WAY OF THE CROSS



(There was a very good turnout of students on the First Friday in Lent.) Each Friday during Lent the University Chaplaincy will contemplate upon the **Way of the Cross**. This simple but very effective method of meditation introduces us to the Mystery of God’s suffering in His Son Jesus Christ. It is neither a long meditation nor arduous method of prayer. Rather it is a pilgrimage without having to pack a ruck sack or alert your friends. The tradition of recalling the final hours of Christ’s Passion go back to the early centuries of the Church when Catholics wanted to visit the Holy Land and see with their own eyes the streets and hills known to Christ. St Helena, the mother of Emperor Constantine was responsible for bringing many historical artefacts back to Rome from the Holy Land so that ordinary Catholics could be assisted in their prayers and meditation by seeing and touching monuments contemporary with Christ. The famous

Franciscan friar, St. Laurence of Brindisi preached devotion to the “Way of the Cross” and he is responsible in some part for the Stations of the Cross adorning the walls of every Catholic church today.

SPUC Youth Conference 9th -12th March

Join 3 students from the Chaplaincy who have signed up so far for the annual SPUC Youth Conference is a weekend filled with pro-life talks, workshops and many chances to meet other young pro-life people. The aim of the weekend is to bring young pro-life people together, to educate ourselves on the current pro-life issues and to recharge our batteries so that we are ready for the coming year.

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Catholics in Healthcare: Men and Women of Conscience – 10th March

An exploration of conscience in contemporary healthcare. The Catholic Medical Association invites all juniors and students of the healthcare professions (doctors, nurses, midwives, pharmacists, AHPs etc), and all young people involved in the pro-life movement, to our national youth conference (18 - 35), entitled: "Catholics in Healthcare: Men and Women of Conscience". It will be hosted at the National Shrine of the Martyrs of England and Wales, Tyburn Convent, London.

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UNIVERSITY CHAPLAINCY: HOLY WEEK RETREAT 2018

Bishop Hlib and the Oratorian community will be leading a Retreat during Holy week with food and all the liturgies as well as sung Tenebrae. See Facebook for more details

**IN AN EMERGENCY; YOU THINK SOMEONE IS IN DANGER, OR AT RISK
OR YOU KNOW A CATHOLIC STUDENT IS IN HOSPITAL
PLEASE CONTACT THE UNIVERSITY CHAPLAIN Fr Jones: Tel: 02920 228738 or 07595 372695**